



**INAUGURAL
EMMITSBURG COMMUNITY
HERITAGE DAY 6K
SATURDAY, JUNE 30, 2018
START TIME: 7:30 AM**

Join us for the Inaugural running of the Emmitsburg Community Heritage Day 6K. This 3.7 mile race will begin at 7:30 am to beat the heat. The course will start at the Emmitsburg Community Center on South Seton Avenue, meander through the rolling outskirts of town and finish at the community park where the Community Heritage Day event will be held the remainder of the day offering a variety of family-friendly activities for the young and the young at heart. Let's not forget those furry, four-legged friends who have faithfully run along by our sides. Register your dog to run with you and receive a special bandana for them to wear proudly.

The Heritage Day 6K will be a timed event with awards being presented to the Top Overall Male & Female Runner, as well as medals for the top 3 male and top 3 female finishers in each of the following age groups:

10 & Under	11-14	15-19	20-29
30-39	40-49	50-59	60-69 70+

The Emmitsburg Community Heritage Day 6K is cooperatively being offered by the E.C.H.D. Committee and the Catocin-Ettes, Inc.

For more details about the 6K Race including a printable Registration Form, or for the complete Schedule of Events for the 2018 Emmitsburg Community Heritage Day, visit the website: **EMMITSBURGEVENTS.COM**.

**Race Registrations must be postmarked by Saturday, June 9, 2018 to be guaranteed a t-shirt (No Exceptions).

Race Packet Pick-up will be available on Friday, June 29, 5-8 p.m. at the Emmitsburg Community Center - 300A South Seton Ave. Emmitsburg, MD.

Race Day Packet Pick-up will be available on Saturday, June 30 6:30-7:15 a.m. at the Emmitsburg Community Center.

Mail Race Registrations to: Kristin Miller, Race Coordinator
P.O. Box 423

Arendtsville, PA 17303

Email Contact:

millers1627@yahoo.com



**INAUGURAL
EMMITSBURG COMMUNITY
HERITAGE DAY 6K
RACE REGISTRATION FORM
SATURDAY, JUNE 30, 2018**

Registration Form:

(Please complete 1 form per participant)

___ \$20 Adult with t-shirt (Age 18+) **(Must be received by 6/9)**

Shirt Size: S M L XL (please circle one)

___ \$15 adult w/out t-shirt (Age 18+)

___ \$15 Youth with t-shirt (Age 17& Under) **(Must be received by 6/9)**

Shirt Size: YL AS AM AL AXL (please circle one)

___ \$10 Youth w/out t-shirt (Age 17& Under)

___ \$10 Dog Bandana **(Must be received by 6/9)**

___ \$25 Adult Race Day Registration (No Shirt)

___ \$20 Youth Race Day Registration (No Shirt)

Make Checks Payable to: Catocin-Ettes, Inc.

Method of Payment: Check# _____ / \$ _____ Cash \$ _____

Name: _____

Street Address _____ Apt.: _____

City: _____ State: _____ Zip: _____

E-mail: _____

Telephone: Home() _____ - _____ Cell() _____ - _____

DOB: ____/____/____ AGE: ____ SEX: M F (Circle One)

In consideration of the acceptance of my entry, I, myself, my executors, administrators and assignee do hereby release and discharge the Catocin-Ettes, the Emmitsburg Community Heritage Day Committee, race coordinator and all sponsors of all claims damages, demands and any actions whatsoever in any manner arising out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event. As a participant in the event, I permit the Emmitsburg Community Heritage Day Committee to use my photo individually or in a group for future events.

Signature(required to participate) _____ Date: _____

Parent/Guardian Signature (if under 18) _____ Date: _____